

Patient-Centered Care to Help Keep Your Employees Healthy

“Polar Tank has been using MOM for pre-employment, DOT, and Work Comp cases for many years now. We are very pleased with the level of service and attention we and our employees have received at all levels.”

Reid Nelson

Human Resource Director
Polar Tank Trailer

“The staff at MOM is wonderful! They have been very attentive to our needs and willing to help out with anything, they are flexible to our drivers’ and potential new employees’ schedules, and able to get them in on very short notice if needed. Everyone I have worked with has been extremely polite and professional.

Josie Luebesmier

Office Administrator/HR Coordinator
Executive Express, Go My Ride

“From the moment I step through the door at Midwest Occupational Medicine, I feel like I truly matter. My treatment options are always fully explained, so I never walk out feeling confused or without hope that my recovery is not moving in a positive direction. I feel heard and cared for and truly believe the entire staff has my best interests at heart.”

Fay R Gunderson

Company client employee
Sauk Rapids MN



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MidwestOccupationalMedicine.com

Midwest Occupational Medicine is a Department of St. Cloud Medical Group

Occupational Medicine



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Midwest Occupational Medicine

Your Partner in Health Care

Midwest Occupational Medicine (MOM) is a department of St. Cloud Medical Group (SCMG) focused on workplace health and safety. Our specific health services are designed to screen and monitor employment eligibility and to manage injury that occurs on the job. As a trusted employer destination, MOM is the longest serving occupational medicine clinic in the greater St. Cloud, MN, area. We are known for our commitment to caring for the whole person. Our mission is to provide diagnostic services and comprehensive treatment that will return people to productivity as soon as medically possible.



Work-Related Injuries and Compensation

Despite the best preventive measures, accidents happen in the workplace. Because same-day care is essential for most work injuries, be sure to call MOM the moment an injury is reported so we can assess the best care route. Depending on the injury, we'll either arrange for an immediate appointment at our clinic or direct the patient straight to the hospital. If a referral to a specialist is ultimately needed, we'll help make the connection for you.

Prompt and clear communication is crucial for effective management of workers' compensation claims. We have a thorough understanding of regulatory guidelines for both reporting and treating work-related injuries. We follow and document your progress, carefully craft work restrictions, and are available to support patients as well as employers with applicable status updates.



Comprehensive Employer Medical Services

When you work with Midwest Occupational Medicine, we will help you create a unique protocol based on only the services your company requires. Because we are part of SCMG and are located within the South Campus, we also offer the full services of the main clinics, including extensive provider consultation, lab work, and imaging.

Our Occupational Medicine services include:

Physicals; Pre-placement and Periodic. (DOT & NON-DOT)

- Chemical exposure checks
- Respiratory physicals & certification
- Annual OSHA compliance exams

Drug Screening

- DOT/NON-DOT
- Certified Collection site
- Drug testing program set up
- Random pools (DOT & NON-DOT)
- Reasonable suspicion, post-accident, return to duty, pre-placement
- MRO
- Rapid Testing
- Off-site collection set up
- Certified Collectors
- Consultation

Breath Alcohol Testing

- DOT/NON-DOT screening and confirmation testing
- Random, reasonable suspicion, post-accident, return to duty, pre-placement
- Certified Breath Alcohol Technicians

Hearing Conservation Programs

- Baseline and annual testing for high noise work environments
- Audiograms documented and filed for OSHA compliance

Rehabilitation Services

(offered on-site by Northern Star Therapy and off-site by others)

- Physical Therapy
- Back Injury Prevention
- Safety and Ergonomic Evaluations
- Work Hardening Programs
- Functional Capacity Testing

Medical Services

- Return to Work Evaluations
- Respiratory mask fitting
- Bloodborne Pathogens Exposure Post Evaluations
- Second Opinions
- Pulmonary function testing